

# École St. Anthony's School

709 Russell St.  
Kincardine, ON  
N2Z 1R1

Dear Parents & Guardians:

Again this school year a twelve week support group will be offered for children of all ages, who are living in single-parent families, step-families, and families going through transitions. The program will be delivered in small group settings by a trained facilitator. Wherever possible, students will be placed in a group led by someone other than their classroom teacher.

When something significant happens in a family, the entire family is affected. Even though separation, death or divorce appears to be only a grown-up problem, it does have a profound effect on the children that it touches. Due to their short life experience, children find it very difficult to verbalize their feelings.

The support group program is called *Rainbows*. It is designed to assist children to work through their grief, build a stronger sense of self-esteem, and to accept what has taken place in the family. Confidentiality is important to each member of the group.

If you feel your child could benefit from participating in *Rainbows*, please let us know by filling out the form below. Please return the form to the school as soon as possible. Our plan is to start the program at the beginning of January.

Please feel free to call me at 519-396-4330 should you have any questions or concerns. We look forward to hearing from you.

Sincerely,  
J.Campbell  
Principal

---

## Rainbows Program

I would like my child/children to participate in the *Rainbows* support group.

Name(s) of Child(ren) \_\_\_\_\_

Parent(s)/Guardian Signature \_\_\_\_\_